



Venue	Sports/Discipline		-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
			22 Jul Wed	23 Jul Thu	24 Jul Fri	25 Jul Sat	26 Jul Sun	27 Jul Mon	28 Jul Tue	29 Jul Wed	30 Jul Thu	31 Jul Fri	1 Aug Sat	2 Aug Sun	3 Aug Mon	4 Aug Tue	5 Aug Wed	6 Aug Thu	7 Aug Fri	8 Aug Sat	9 Aug Sun		
Musashinonomori Park	Cycling	Road(Road Race [Start])				11:00 - (18:15)	13:00 - (17:35)																
						M/F	W/F																
Ariake Arena	Volleyball	Volleyball				09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 11:00	09:00 - 11:00				09:00 - 11:00	
					14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	14:20 - 18:10	13:00 - 15:00	13:00 - 15:00	13:00 - 15:00	13:00 - 15:00	13:30 - 15:30	13:30 - 16:00	
					19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	19:40 - 23:30	17:00 - 19:00	17:00 - 19:00					
							M	W	M	W	M	W	M	W	M	W	M/QF	W/QF	M/SF	W/SF	M/F	W/F	
Ariake Gymnastics Centre	Gymnastics	Artistic Gymnastics				10:00 - 12:30	09:30 - 13:05																
					14:30 - 17:00	15:10 - 18:45																	
					19:30 - 22:00	20:20 - 22:00	19:00 - 22:00	19:45 - 22:00	19:15 - 22:00	19:50 - 22:00					17:00 - 20:00	17:00 - 19:15	17:00 - 19:15						
					M	W	M/F	W/F	M/F	W/F					M/W/F	M/W/F	M/W/F						
Ariake Gymnastics Centre	Gymnastics	Rhythmic Gymnastics																		10:20 - 13:15	10:00 - 12:40	11:00 - 12:45	
																				14:50 - 17:45	15:20 - 17:50		
																				W	W/F	W/F	
Ariake Gymnastics Centre	Gymnastics	Trampoline Gymnastics											13:00 - 15:25	13:00 - 15:25									
Ariake Urban Sports Park	Cycling	BMX Freestyle												10:10 - 12:20	10:10 - 12:45								
		BMX Racing										10:00 - 12:00	10:00 - 12:20										
												M/WQF	M/W/SF/F										
Ariake Urban Sports Park	Skateboarding	Street				09:00 - 13:55	09:00 - 13:55																
							M/F	W/F															
Ariake Urban Sports Park	Skateboarding	Park																09:00 - 13:45	09:00 - 13:45				
																		W/F	M/F				
Ariake Tennis Park	Tennis	Center Court				11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00								
		Court 1				11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00								
		Court 2				11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00											
		Court 3-11				11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00												
Ariake Tennis Park	Tennis					M/W	M/W	M/W	M/W/QF	M/W/Mix/QF/SF	M/W/Mix/QF/SF	M/Mix/SF/F	M/W/Mix/F	M/W/Mix/F									
																		07:00 - 10:00	07:00 - 10:00				
																		W/F	M/F				
Odaiba Marine Park	Aquatics	Marathon Swimming																					
Odaiba Marine Park	Triathlon						07:30 - 09:50	07:30 - 10:00					08:30 - 10:30										
							M/F	W/F															
Shiokaze Park	Volleyball	Beach Volleyball				09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 12:50	09:00 - 11:50	09:00 - 11:50	09:00 - 11:50	09:00 - 11:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	09:00 - 10:50	10:00 - 12:50	10:00 - 12:50		
					15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	15:00 - 17:50	13:00 - 14:50	13:00 - 14:50								
					20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	20:00 - 22:50	17:00 - 18:50	17:00 - 18:50								
Aomi Urban Sports Park	Basketball	3 x 3 Basketball				10:15 - 12:25	10:15 - 12:25	10:15 - 12:25															
					14:00 - 15:50	14:00 - 15:50	14:00 - 15:50	13:30 - 15:30															
					17:30 - 19:30	17:30 - 19:30	17:30 - 19:30	17:00 - 18:50	17:00 - 19:10														
					21:00 - 22:50	21:00 - 22:50	21:00 - 22:50	20:30 - 22:50	20:45 - 23:25														
Aomi Urban Sports Park	Sport Climbing					M/W	M/W	M/W	M/W/QF	M/W/SF/F													
																		17:00 - 22:40	17:00 - 22:40	17:30 - 22:20	17:30 - 22:20		
Oi Hockey Stadium	Hockey	Pitch1				09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:15	09:30 - 13:45	09:30 - 13:45	10:30 - 12:15	10:30 - 12:15	10:30 - 12:15	10:30 - 12:15	19:00 - 21:30	19:00 - 21:30	
					18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:15	18:30 - 22:45	18:30 - 22:45	19:00 - 20:45	19:00 - 20:45	19:00 - 21:30	19:00 - 21:30			
		Pitch2				10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45	10:00 - 13:45									
					19:00 - 22:45	19:00 - 22:45	19:00 - 22:45			19:00 - 22:45	19:00 - 22:45	19:00 - 22:45	19:00 - 22:45										
Sea Forest Cross-Country Course	Equestrian	Eventing[cross-country]														08:30 - 11:55							
																	Mix						
Sea Forest Waterway	Canoe	Sprint																					
																		09:30 - 13:00	09:30 - 13:15	09:30 - 12:40	09:30 - 13:05	09:30 - 11:40	09:30 - 12:50
Sea Forest Waterway	Rowing				08:30 - 12:10	08:30 - 12:30	08:30 - 11:10	08:30 - 10:50	08:30 - 11:55	08:30 - 11:55	08:30 - 11:55	9:00 - 11:10											
Kasai Canoe Slalom Centre	Canoe	Slalom					13:00 - 16:45	14:00 - 16:45	14:00 - 17:00	13:00 - 16:45	14:00 - 16:45	14:00 - 17:00											

Venue	Sports/Discipline	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
		22 Jul Wed	23 Jul Thu	24 Jul Fri	25 Jul Sat	26 Jul Sun	27 Jul Mon	28 Jul Tue	29 Jul Wed	30 Jul Thu	31 Jul Fri	1 Aug Sat	2 Aug Sun	3 Aug Mon	4 Aug Tue	5 Aug Wed	6 Aug Thu	7 Aug Fri	8 Aug Sat	9 Aug Sun
Yumenoshima Park Archery Field	Archery			09:00 - 11:00	09:30 - 12:05	09:30 - 11:05	09:30 - 11:05	09:30 - 13:25	09:30 - 13:25	09:30 - 13:25	09:30 - 11:15	09:30 - 11:15								
				13:00 - 15:00	14:15 - 17:25	13:45 - 17:25	13:45 - 17:25	16:00 - 19:55	16:00 - 18:40	16:00 - 18:40	14:45 - 17:20	14:45 - 17:20								
Tokyo Aquatics Centre	Aquatics	Swimming																		
	Aquatics	Diving																		
Tokyo Aquatics Centre	Aquatics	Artistic Swimming																		
Tatsumi Water Polo Centre	Aquatics	Water Polo																		
Makuhari Messe Hall A	Wrestling	Freestyle Greco-Roman																		
Makuhari Messe Hall B	Fencing																			
Tsurigasaki Surfing Beach	Surfing *																			
Saitama Super Arena	Basketball	Basketball																		
Asaka Shooting Range	Shooting	(Rifle & Pistol)																		
Kasumigaseki Country Club	Golf																			
Enoshima Yacht Harbour	Sailing																			
Izu Velodrome	Cycling	Track																		
Izu MTB Course	Cycling	Mountain Bike																		
Fuji International Speedway	Cycling	Road(Road Race[Finish], Individual Time Trial)																		
Fukushima Azuma Baseball Stadium	Baseball/Softball	(Baseball)																		
Yokohama Baseball Stadium	Baseball/Softball	(Baseball)																		
Sapporo Dome	Football																			
Miyagi Stadium	Football																			
Ibaraki Kashima Stadium	Football																			
Saitama Stadium	Football																			
International Stadium Yokohama	Football																			

This session competition schedule is subject to amendments up until the conclusion of Tokyo 2020 Olympic Games.

\* The competition schedule of boxing is provisional due to the decision made by the IOC Executive Board on 30 November 2018 that freezes the planning for the Olympic boxing tournament at Tokyo 2020.

\* Surfing Festival will be held from Day 2 to Day 9. Starting from 26 July, the schedule will depend on the wave conditions.